

Day 1 CBT for Psychosis: effective techniques for clinicians.

9:00am-9:50am - CBT for neurosis within psychosis.

10:00am-10:50am - Early CBT sessions with persecutory paranoia including using CBT in the period that predates delusional emergence.

11:00am-11:50am - 10 CBT Techniques for delusions.

11:50am-12:50pm - **LUNCH**

1:00pm-1:50pm - 10 CBT Techniques for auditory hallucinations.

2:00pm-2:50pm - working with trauma, conflict: dissociation and emotional dysregulation within psychosis.

3:00-3:50pm - interactive CBT demonstration of later sessions.

Day 2 CBT for Psychosis: expert level formulations and techniques.

9:00am-9:50am - CBT for neurosis within psychosis.

10:00am-10:50am - formulation for the sub-groups of psychosis.

11:00am-11:50am - CBT for visual, somatic, olfactory, tactile and gustatory hallucinations.

11:50am-12:50pm - **LUNCH**

1:00pm-1:50pm - 10 CBT Techniques for auditory hallucinations.

2:00pm-2:50pm - schema techniques, imagery, trauma focussed work and conflict resolution with entrenched positive symptoms.

3:00-3:50pm – CBT for critical and command hallucinations.